

The International Federation of Head and Neck Oncologic Societies

Current Concepts in Head and Neck Surgery and Oncology 2017



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TORS

Ehab Hanna

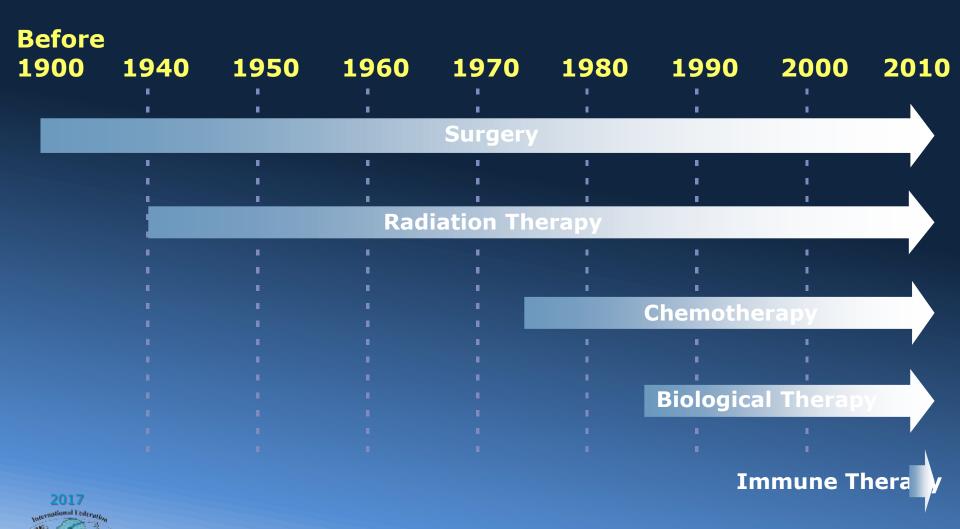
Disclosures

- Intuitive Surgical
 - OHSU TORS Course 2010
 - Proctor 2011
 - Unpaid consultant, 2014-6
 - National Fellow's TORS Course 2015-6
 - Advanced TORS Course 2017
- MedRobotics
 - Unpaid consultant, 2014-6



Management of Head and Neck Cancer

Historical Perspective

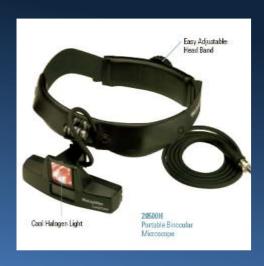


- What is it?
- Why do it?
- Which patients?
- How is it done?
- What are the risks?
- What are the outcomes?



What is it?

Another instrument







What is it?

- Another instrument
- Evolving technology





What is it?



FEATURES

All watches tell time. This one helps you make



Evolving Technology





Evolving Technology

Evolving Technology





What is it?

Another Instrument

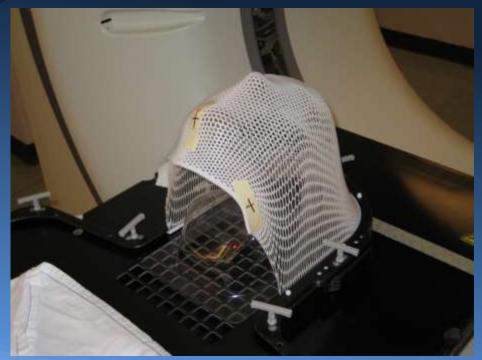
- Advantages
 - HD +/- 3-D visualization
 - Increased instrument degree of freedom
 - Increased precision

"smaller than my fingers"



What it isn't!

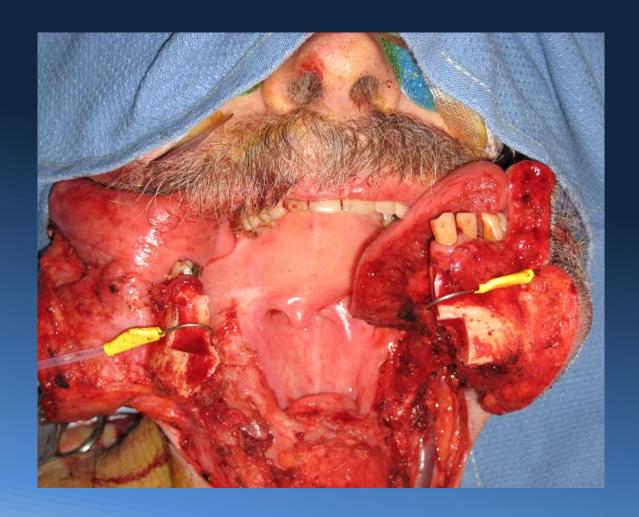
 Replacement of multidisciplinary management



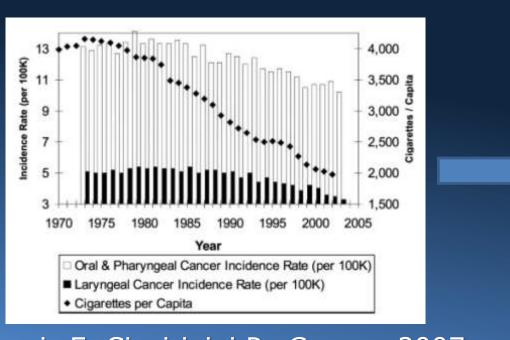


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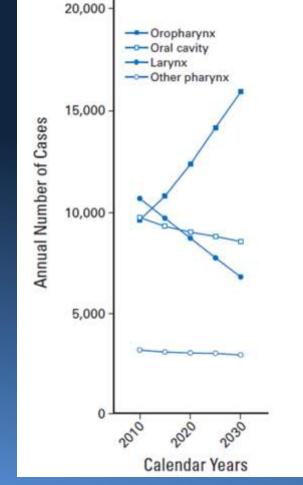






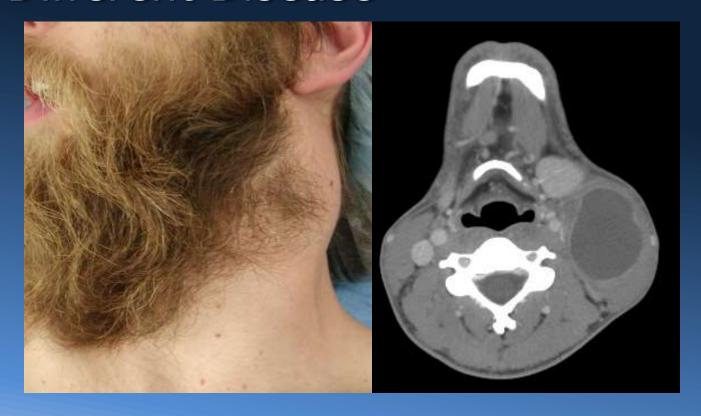


Sturgis E, Cinciripini P. Cancer 2007





A Different Disease





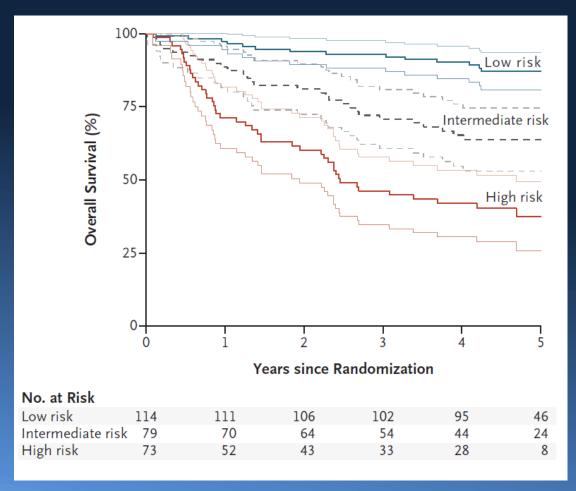
HPV-Associated Head & Neck Cancer

A Different Disease



HPV-Associated Head & Neck Cancer

Improved Survival





- Toxicity of radiation / chemoradiation
 - Xerostomia
 - Dysphagia
 - Esophageal stricture
 - Osteoradionecrosis
 - Hearing loss / neuropathy

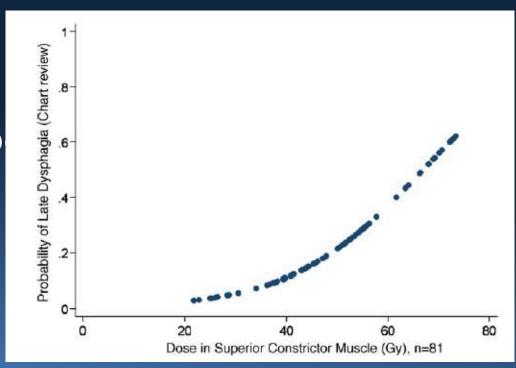


Dysphagia 43% long-term grade 3/4 toxicity

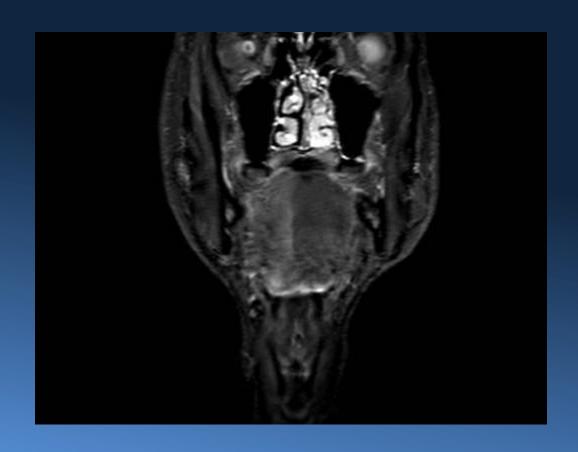
Variable	91-11	97-03	99-14	Total
Feeding tube dependence > 2 years post-radiation therapy	*	29*		29
RTOG late toxicity criteria, grade 3+				
Pharyngeal dysfunction	16	28	19	63
Laryngeal dysfunction	22	6	0	28
Death	11	9	2	22
Other (eg, infection, fistula)	3	0	1	4
Any	38†	40†	21†	99†
No severe late toxicity event (controls)	50	62	19	13



- Quality of Life
 - DysphagiaIncreased 19% p10Gy after 55Gy









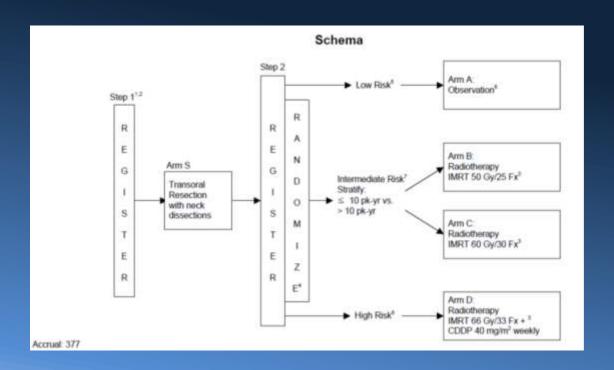
Right tongue weakness/atrophy 6 years post concurrent chemoradiation

ECOG 3311

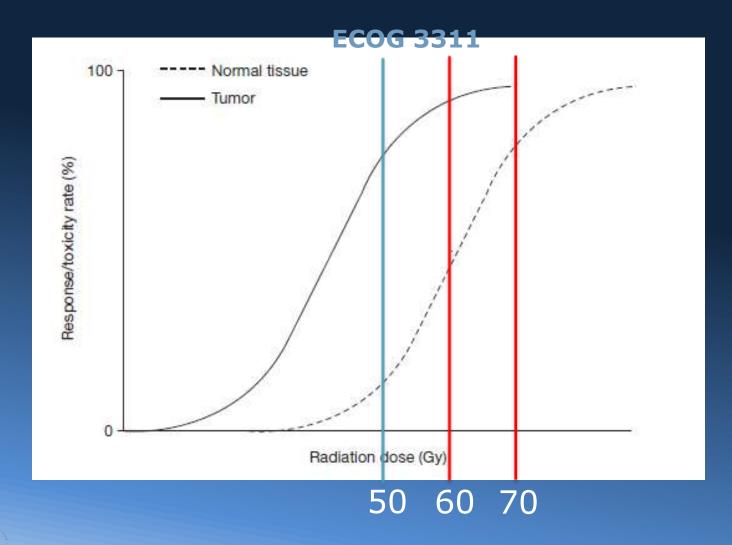
Randomized Phase II "De-intensification"

Trial

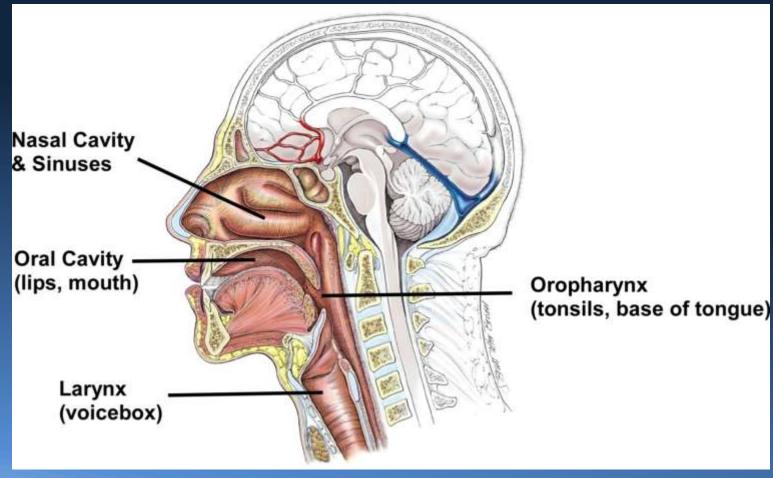
p16+







2017





- What is it?
- Why do it?
- Which patients?
- How is it done?
- What are the risks?
- What are the outcomes?





Which Patients?

- Patient factors
 - Obstructive dentition
 - Trismus
 - Kyphosis
- Tumor factors
 - Large size
 - Extent beyond midline.
 - Location



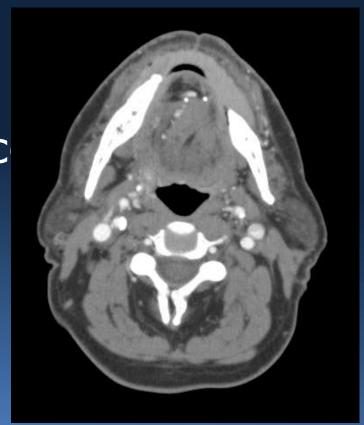
TransOral Robotic Surgery (TORS) Which Patients?

- Multidisciplinary approach
- Goal
 - Tailor individual treatment(s) based on pathologic staging
 - N1(2a?): Avoid radiation
 - N2b: Avoid chemotherapy



Patient Selection

- 55yo Male
- Smoker
- Prior oral cavity canc
- New tonsil mass
- No adenopathy
- KPS 80



T1N0 SCC, p16-

Patient Selection





T1N0 SCC, p16-

Patient Selection

- 45yo Male
- Nonmoker
- 2.5cm tonsil mas
- Single lymph noc
- KPS 100



T2N1 SCC, p16+



Patient Selection





T2N0 SCC, p16+

Patient Selection





T2N0 SCC, p16-

Patient Selection





T2N0 SCC, p16+

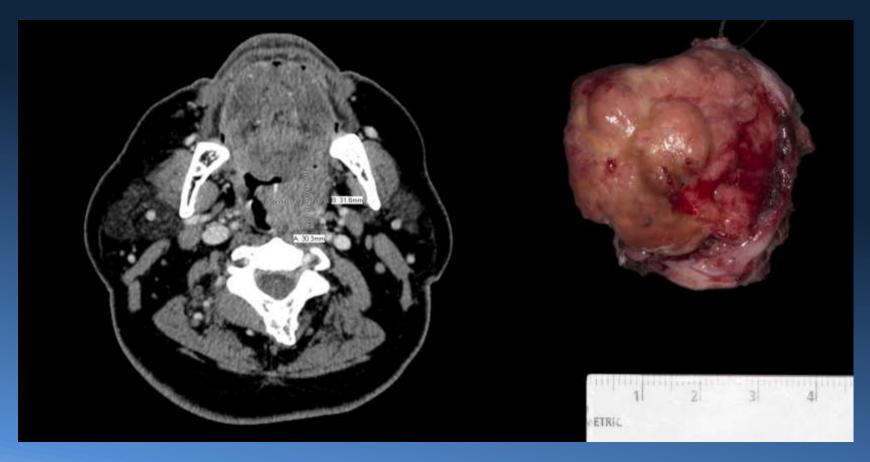
Patient Selection





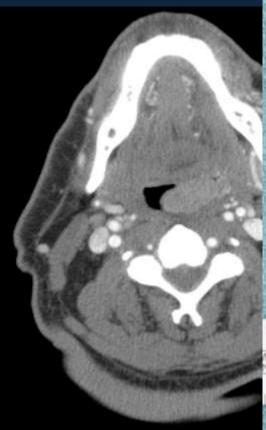
T2N1 SCC, p16-

Patient Selection





Patient Selection





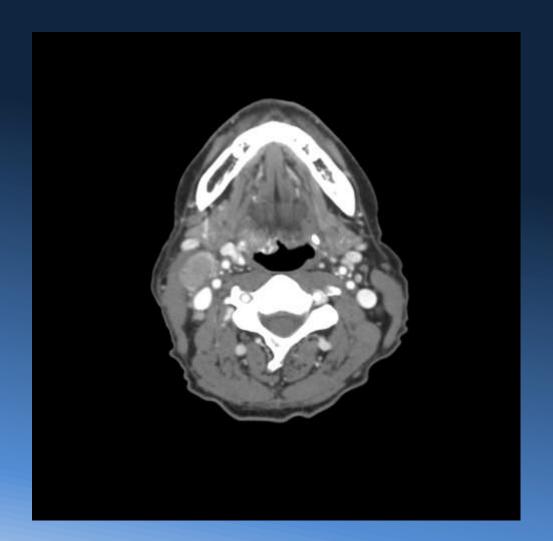




T3N0 SCC, p16+

Patient Selection

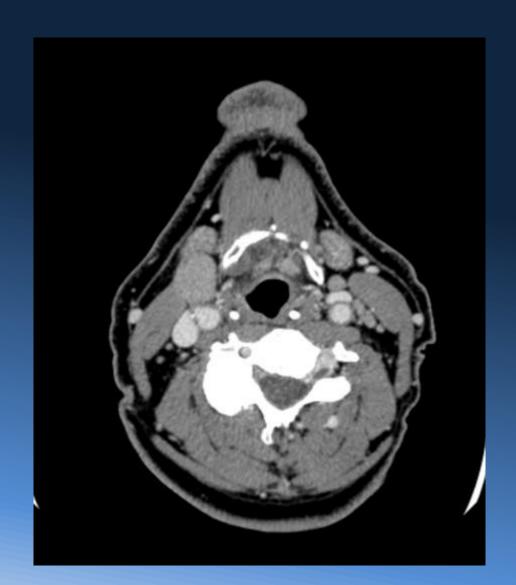
• N1





Patient Selection

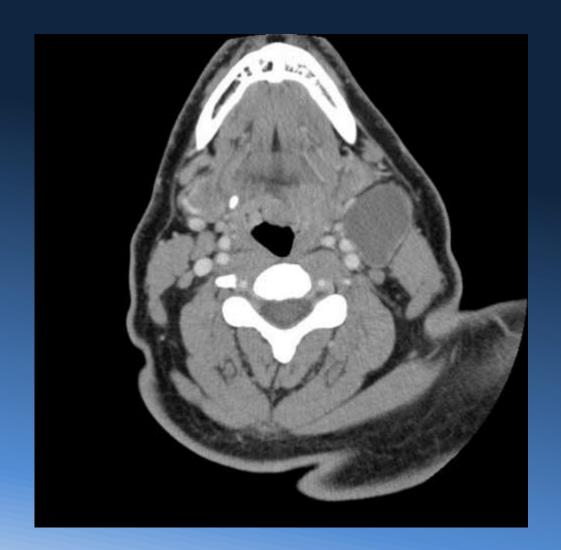
• N1





Patient Selection

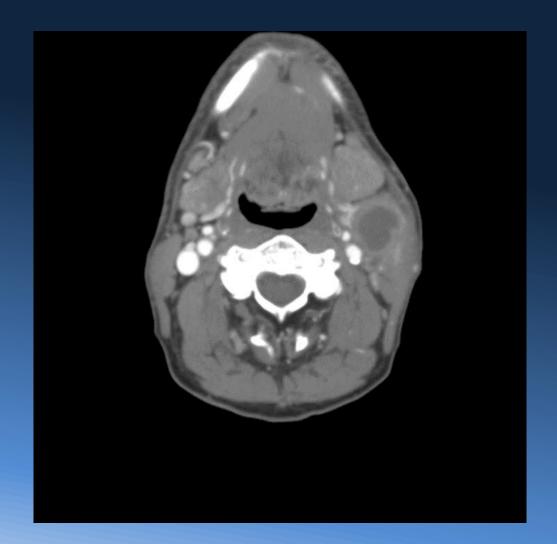
• N2a





Patient Selection

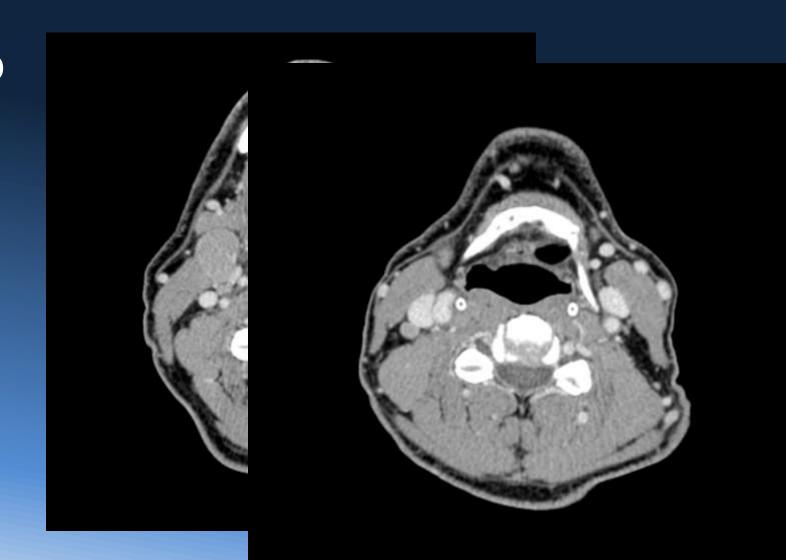
• N2a





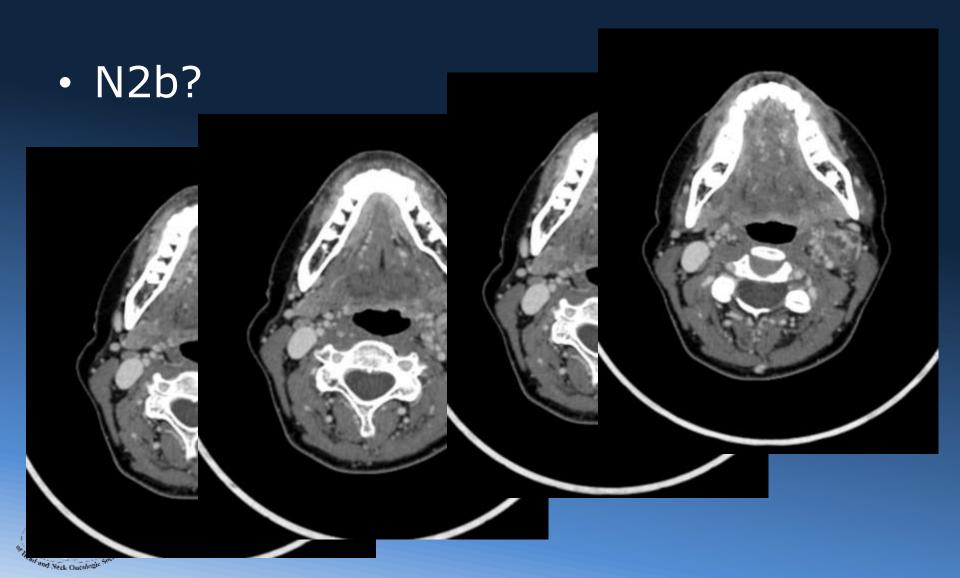
Patient Selection

• N2b



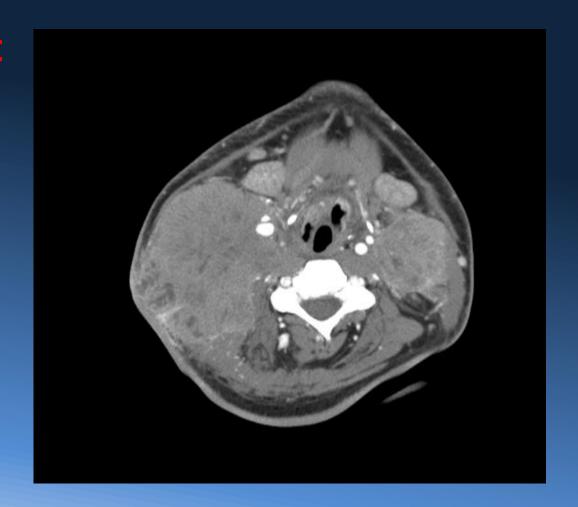


Patient Selection



Patient Selection

• N2c





Patient Selection

N3





Questions

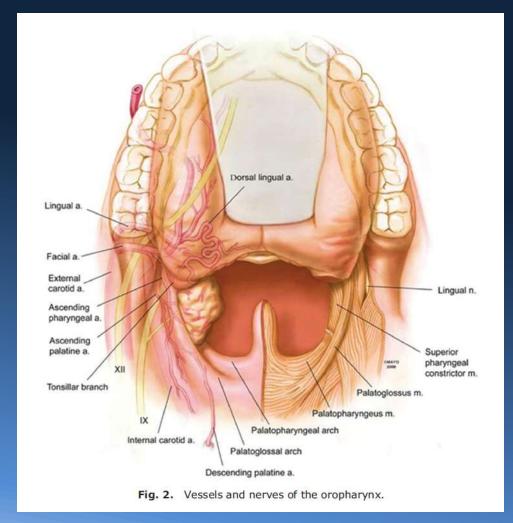




- What is it?
- Why do it?
- Which patients?
- How is it done?
- What are the risks?
- What are the outcomes?



Anatomy





Step 1: Patient Positioning

- Bed reversed
 - Turn head of bed 180 degrees



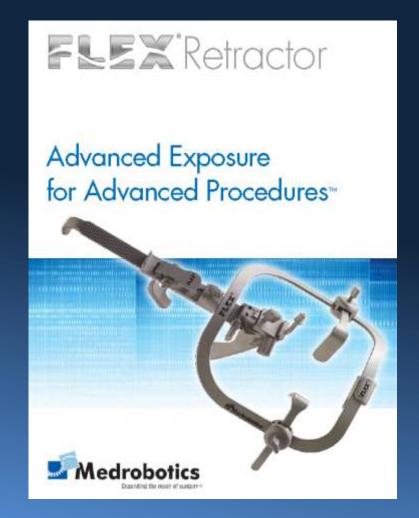
Step 1: Patient Positioning

- Nasal intubation
 - Shoulder roll



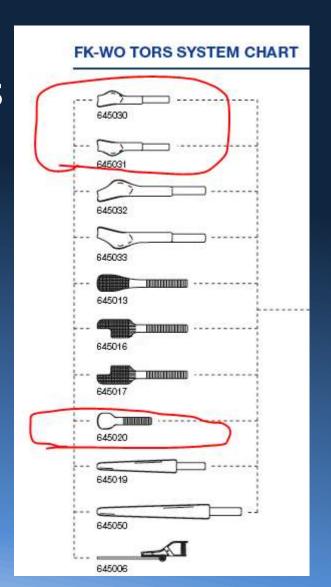


- Specialized
 Retractor
 - Tongue suture
 - Red rubber catheter+/-

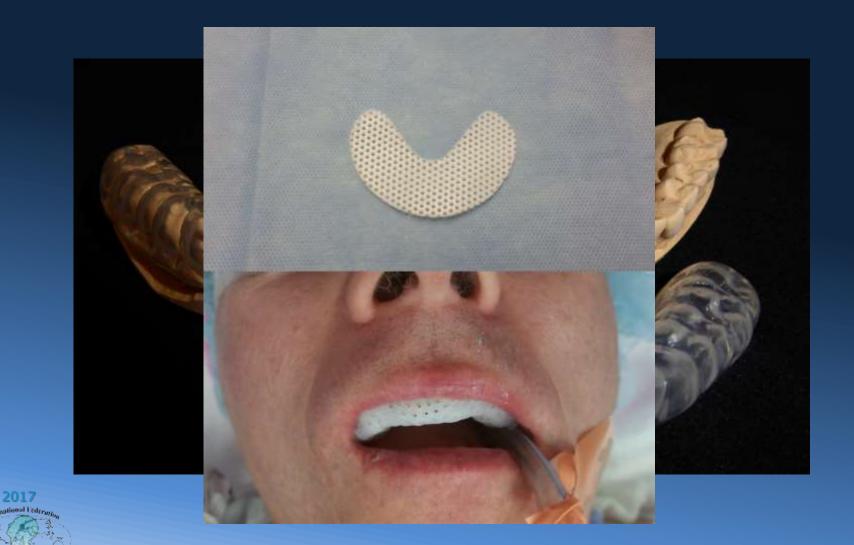




Tongue blades







and word Neck Onculous





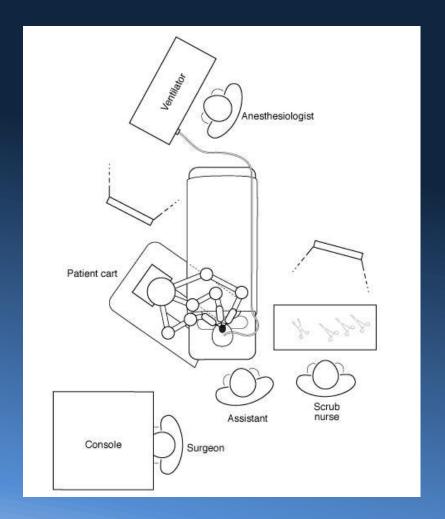






and Neck Oncologic

Step 3: Dock Patient Cart





Step 3: Dock Patient Cart





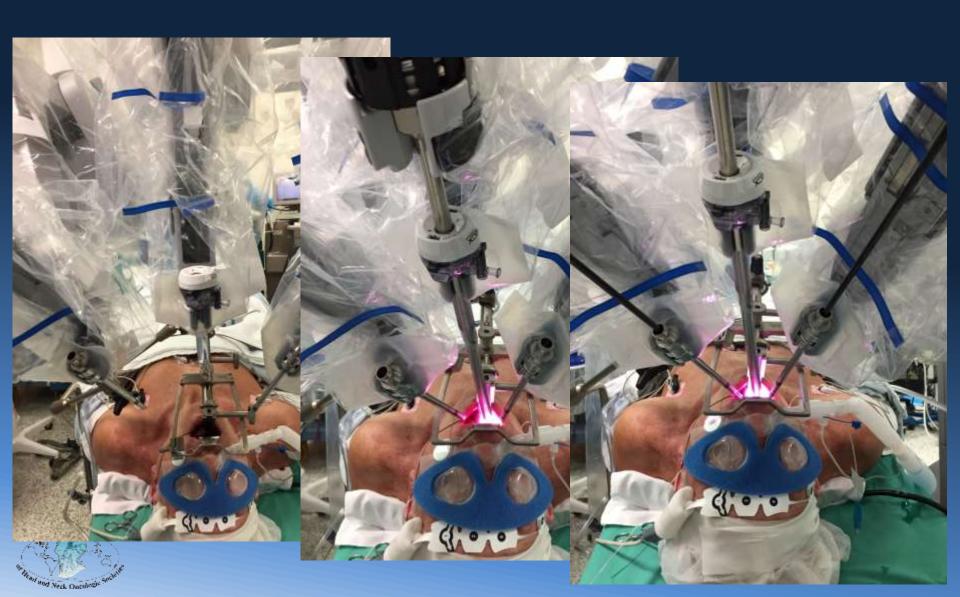
Step 3: Dock Patient Cart

Check general

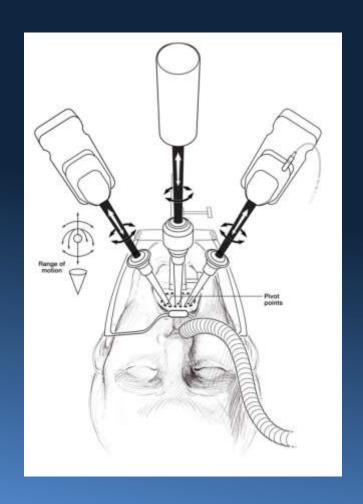


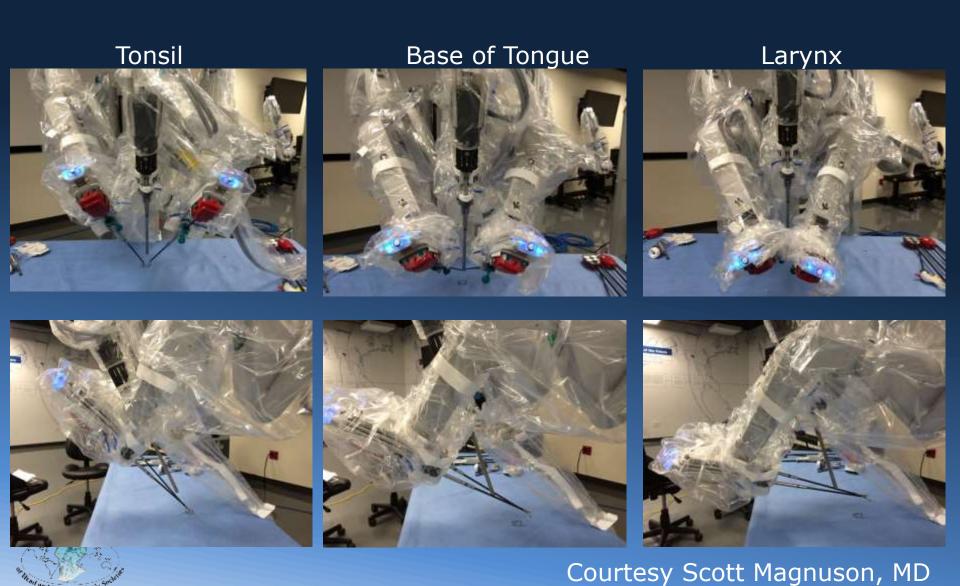


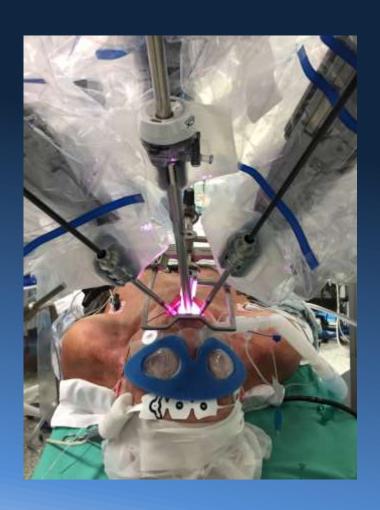


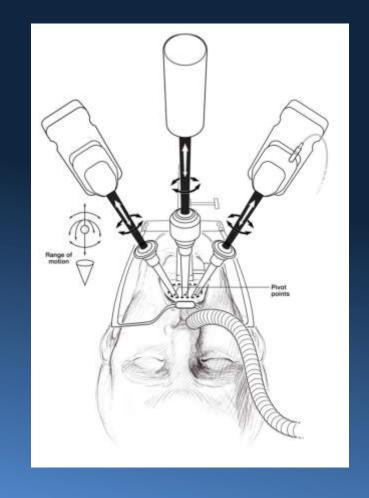


- Inverted "V" formation
- Instruments:
 - Bovie cautery
 - Maryland forceps
- Camera:
 - Tonsil = 0 degree
 - $-BOT = 30 degree \uparrow$



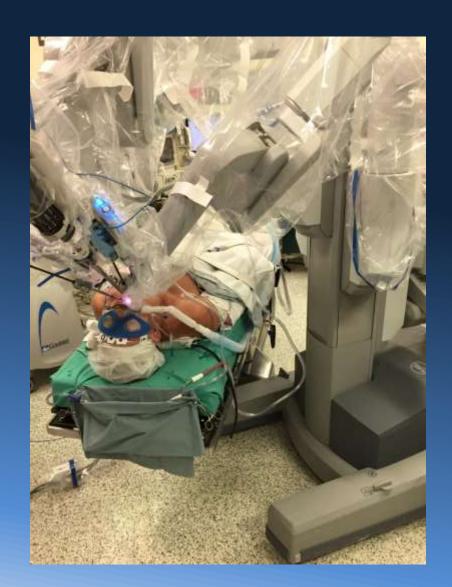














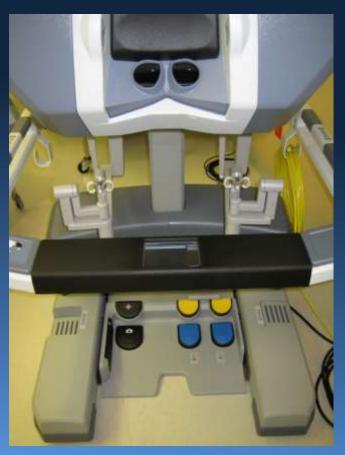
Bedside Assistant

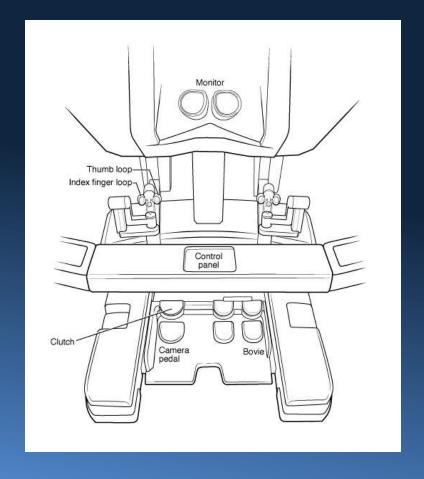
- Dual Suction
 - Thoracic
- Clip appliers





Orientation / Inspection





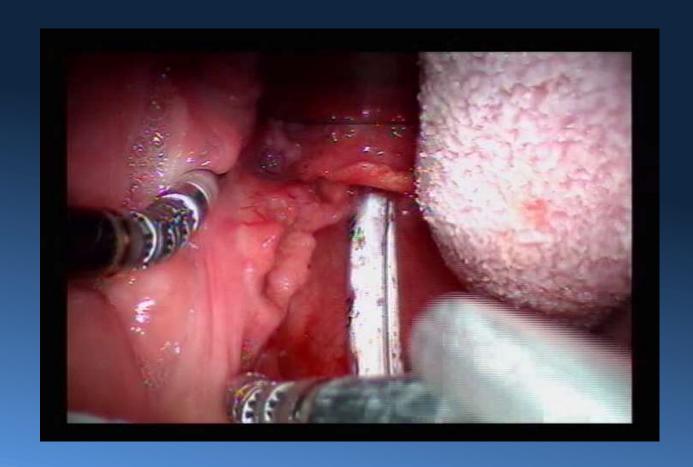


Orientation / Inspection





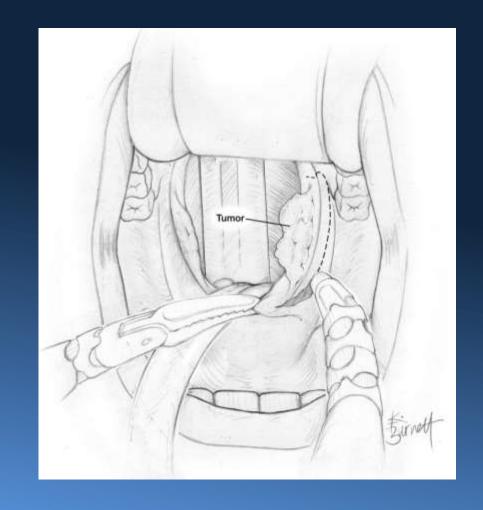
Orientation / Inspection



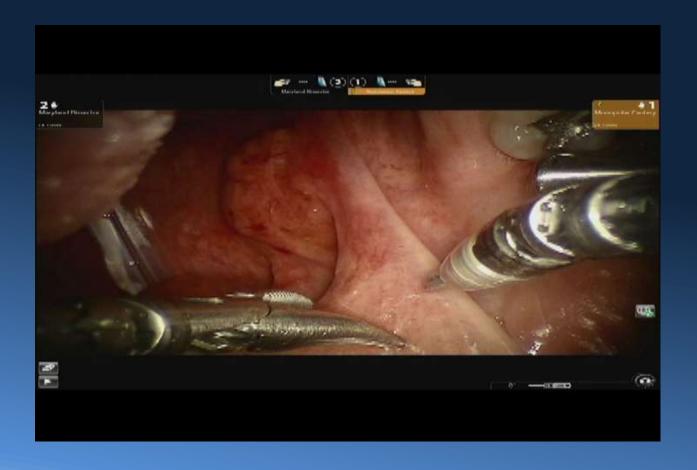


Mucosal Cuts

- Superior to inferior
- Ptyergomandibul ar raphe
- 1cm margins

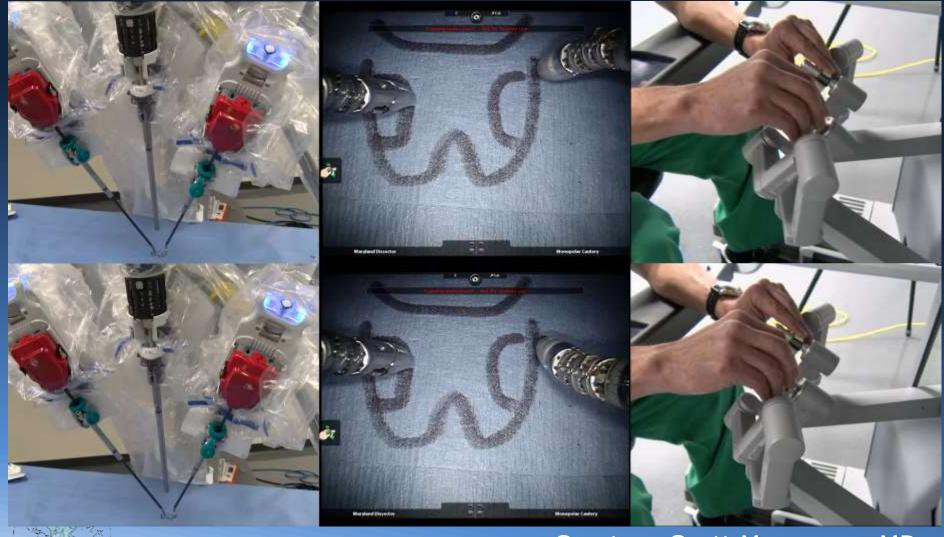


Mucosal Cuts



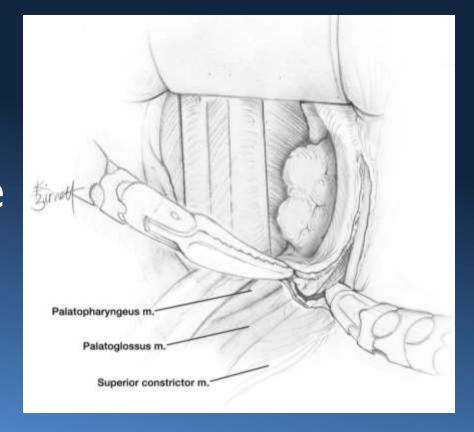


TransOral Robotic Surgery (TORS) Technique



Dissect Submucosal Muscle Layer

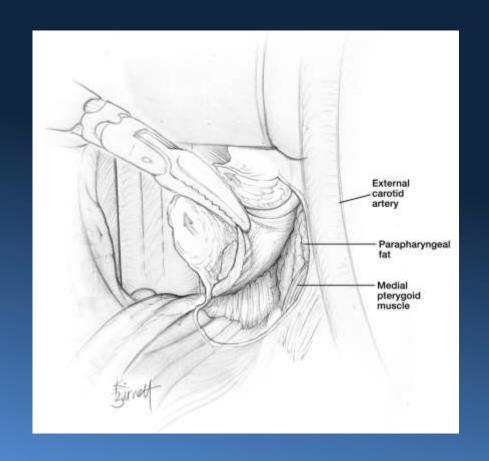
- Palatoglossus
- Palatopharyngeus
- Superior constrictor muscle





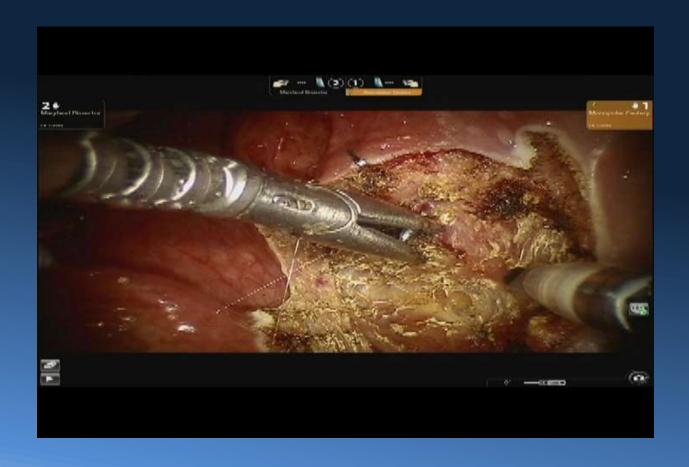
Identify Parapharyngeal Space

- Parapharyngeal fat
- Medial ptyergoid muscle
- Carotid pulsations





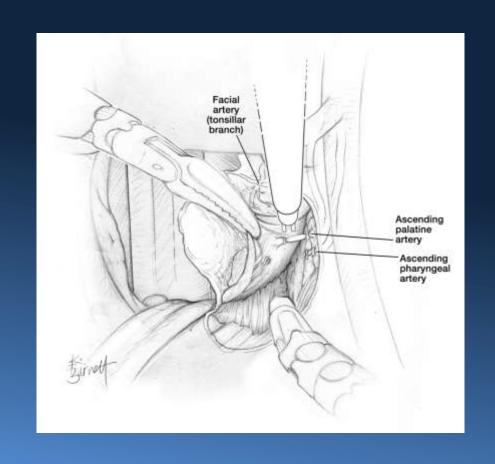
Identify Parapharyngeal Space





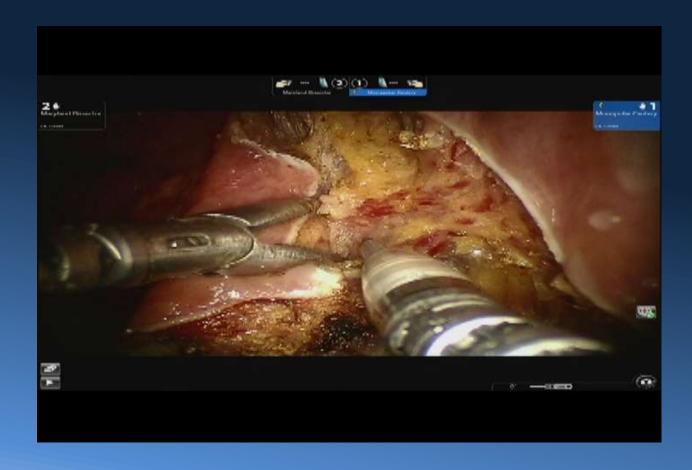
Apply Vascular Clips

- External carotid
 - Descending pharyngeal
 - Ascending pharyngeal
 - Ascending palatine
 - Tonsillar branch, facial artery





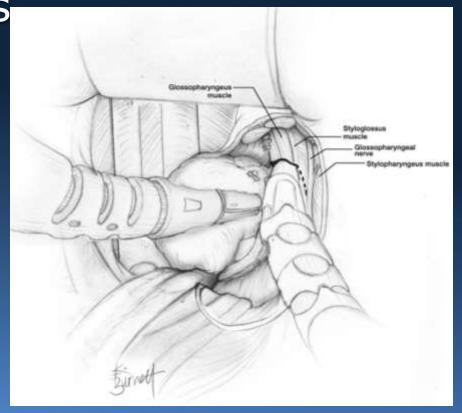
Apply Vascular Clips





Divide Deep Muscle Layer

- Glossopharyngeus
- Styloglossus
- Glossopharyngeal nerve





Divide Deep Muscle Layer





 Management of margin status should be the same regardless of approach



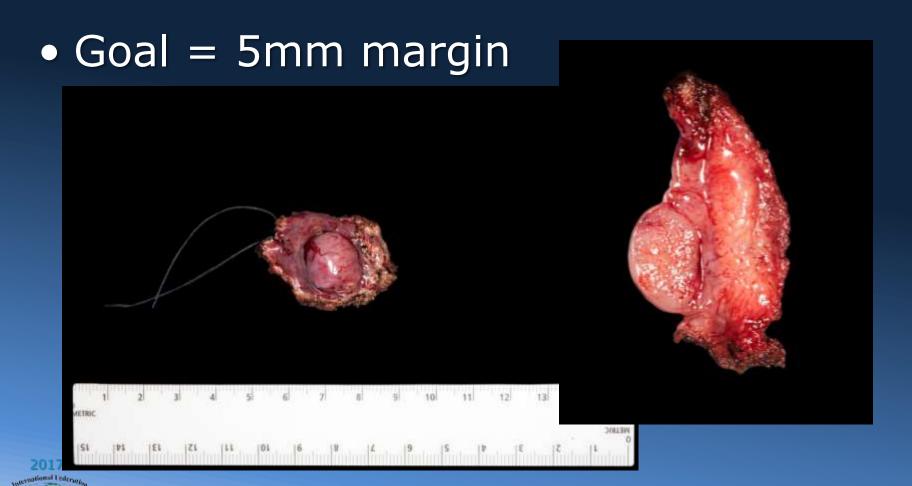




 Management of margin status should be the same regardless of approach

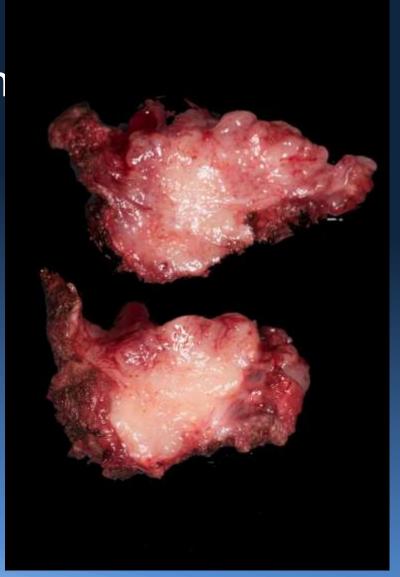






Goal = 5mm margin







Questions





- Staging endoscopy sometimes helpful
- Tracheostomy rarely needed
- Neck dissection safe to perform during same surgery
 - Level 1 contents preserved



- What is it?
- Why do it?
- Which patients?
- How is it done?
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- What are the outcomes?

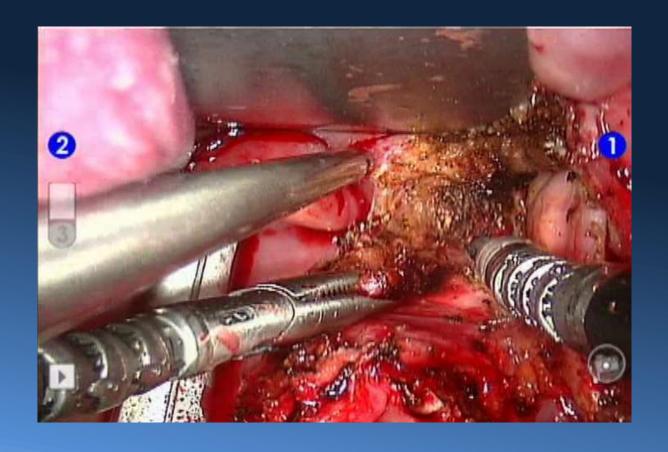


Complications





TORS Complications Bleeding



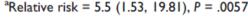


TORS Complications

Postoperative Bleeding Risk

- Incidence 1.5-13%
 - Prior radiation increases risk
 - Anticoagulation increases risk

	Postoperative Hemorrhage	No Postoperative Hemorrhage				
Antithrombotic medication	8/48 = 17%	40/48 = 83%				
No antithrombotic medication	3/99 = 3%	96/99 = 97%				
^a Relative risk = 5.5 (1.53, 19.81), <i>P</i> = .0057.						





TORS Outcomes Survey

Postoperative Bleeding Risk

Table 6. Postoperative complications.				
	Number of Incidences	% Total Cases		
Total number of complications	205	10.1		
Patient death after transoral robotic surgery (TORS)	7	0.3		
Hemorrhage	62	3.1		
Dehydration requiring readmission	26	1.3		
Aspiration pneumonia	22	1.1		
Airway obstruction	4	0.2		
Inadvertent lingual nerve injury	H	0.6		
Temporary (<2 mos) hypoglossal nerve injury	18	0.9		
Prolonged (>2 mos) hypoglossal nerve injury	2	0.1		
Tooth injury	29	1.4		
Orocutaneous fistula	3	0.2		
Prolonged (>6 mos) PEG tube dependency	21	1.0		
# patients with prolonged PEG tube dependency and prior history of XRT	14	0.7		



TORS Complications

Postoperative Bleeding Severity

Classification	Description							
Normal	Patient noting the presence of blood-tinged mucus, flecks of blood, brown mucus, or red streaks							
Minor	Any description of bright red blood or blood clots Resolved without operative management whether or not physician evaluation or hospitalization occurred.							
Intermediate	Diffuse venous oozing or small arterial source bleeding resulting in operating room evaluation or intervention Managed with monopolar or bipolar cautery							
Major	Brisk or copious bleeding requiring operative intervention Managed with transoral or transcervical vessel ligation, or interventional radiology embolization							
Severe	Bleeding resulting in life-threatening medical complications such as: Hypoxia/airway compromise requiring tracheostomy Cardiopulmonary arrest Hemodynamic instability requiring blood transfusion							

33/906= 3.6%



TORS Complications Deaths

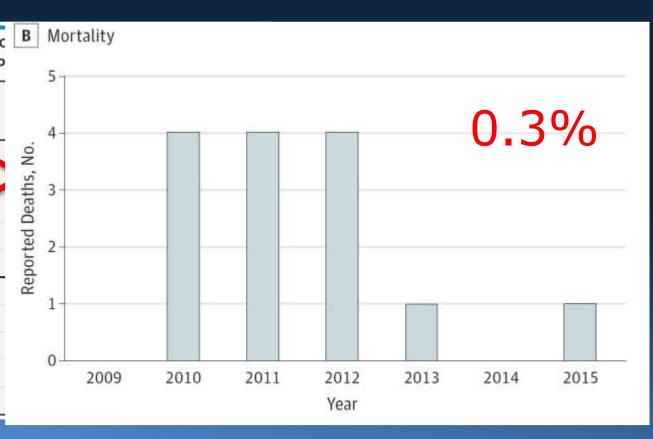
· · · · · · · · · · · · · · · · · · ·	No. (%) [95% Confidence Interval]										
	Gynecology	Urology	Cardiothoraci	Head & Neck	Colorectal	General	N/A				
Overall ^a	3,194 (30.1) [29.2–31.0]	1,565 (14.7) [14.0–15.4]	393 (3.7) [3.3–4.1]	71 (0.7) [0.5–0.9]	301 (2.8) [2.5–3.1]	197 (1.9) [1.6–2.2]	4,903 (46.2) [45.3–47.1]				
Event Type b		_			_						
H 10 2 00 2 -171 -171	46	30	25	14	11	11	7				
Death	(1.4)	(1.9)	(6.4)	(19.7)	(3.7)	(5.6)	(0.1)				
	[1.0-1.8]	[1.2-2.6]	[4.0-8.8]	[10.4-29.0]	[1.6-5.8]	[2.4-8.8]	[0.0-0.2]				



TORS Complications

Bleeding Deaths

tiology	Events, No. (%)				
reatfl					
Bleeding	11 (79)				
Пкиот	2 (14)				
Aspiration	1 (7)				
Total .	14				
njury					
Burns and trauma ^a	6 (55)				
Bleeding	2 (18)				
Other ^b	3 (27)				
Total	11				





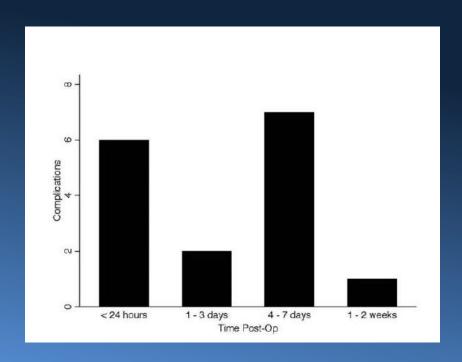
TORS Complications Bleeding

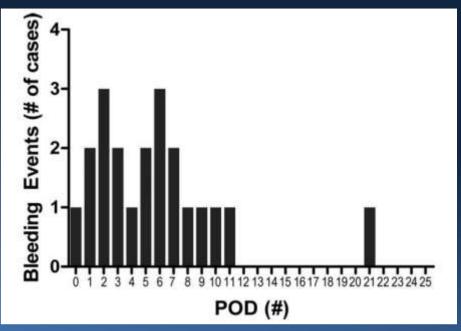




TORS Complications

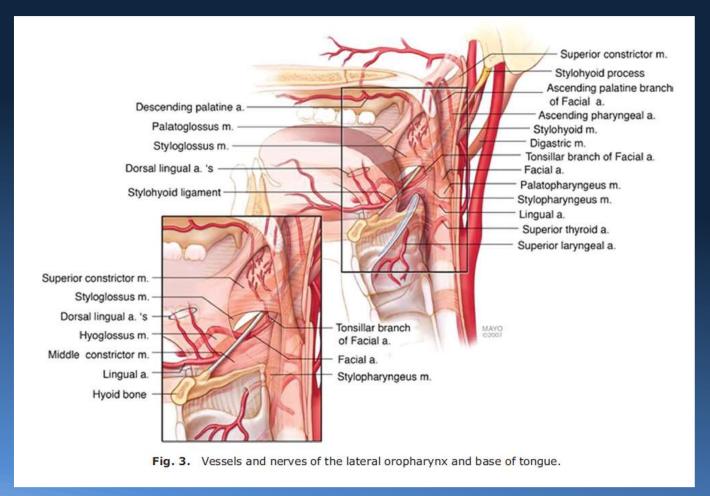
Timing of Bleeding





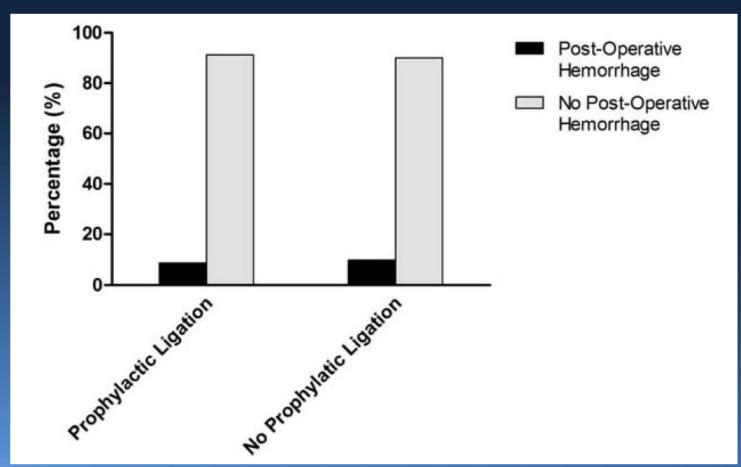


Avoiding TORS Complications ECA Ligation





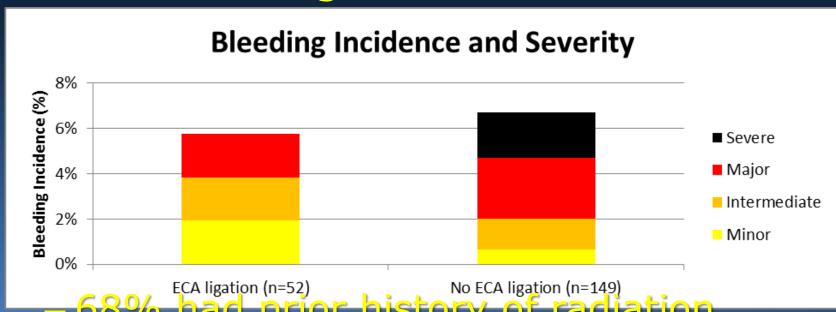
Avoiding TORS Complications ECA Ligation





Perioperative Management Bleeding

100% ECA Ligation



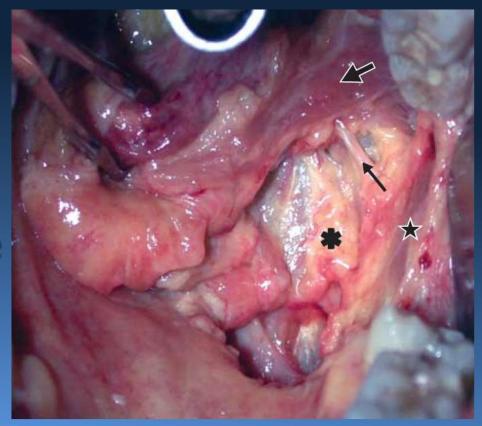
 ECA ligation (n=52)
 68% had prior history of radiation, anticoagulation and/or within first 50 cases



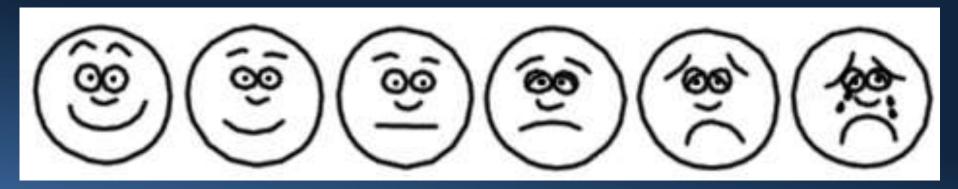
TORS Complications

Neurologic Injury

- Neuropraxia/ Neurolysis
 - Glossopharyngeal nerve
 - Lingual nerve
 - Hypoglossal nerve





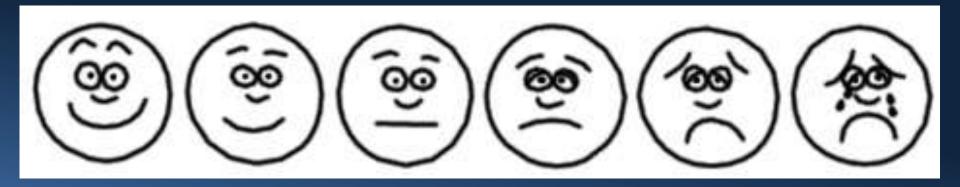




Week 1

LOS = 3-5 days





Week 2



Sequelae (expected events) Complications (adverse events)

Dysphagia Pain



Pneumonia



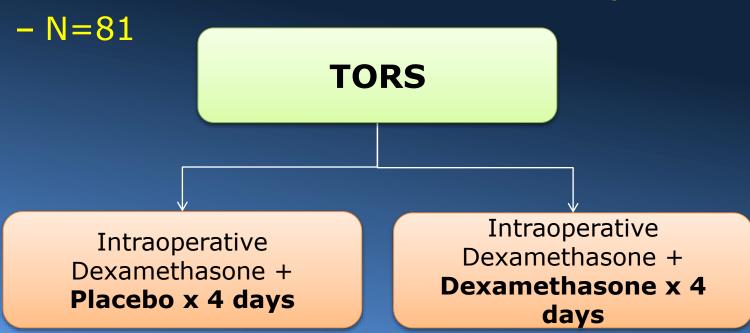
Dehydration



Another Instrument

Pain-Dysphagia

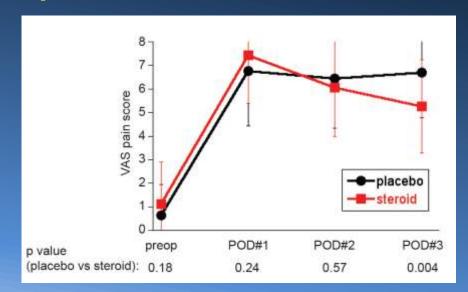
Prospective, Randomized, Placebo-Controlled, Double-Blinded Study





Pain-Dysphagia

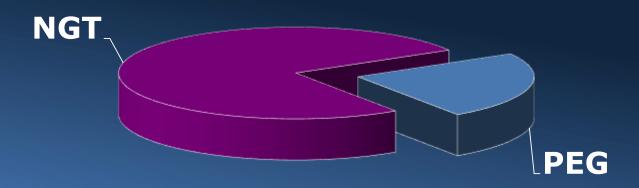
- 1. Decreased hospital LOS
 - (median: 4 v. 5 days, p < 0.001)
- 2. Improved diet consistency
 - (PSS POD 7-21: 51.7 v. 36.7, p = 0.009)





Perioperative Management Pain-Dysphagia

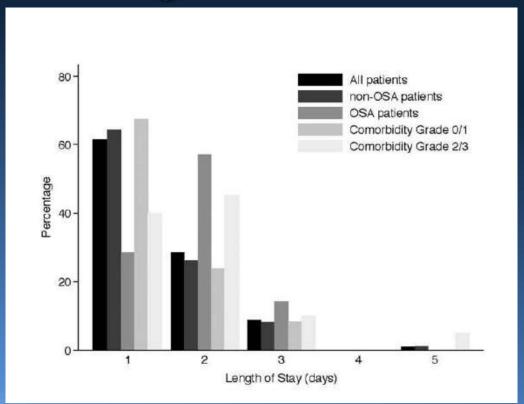
• 100% feeding tube





Perioperative Management Dysphagia

Early discharge?





- What is it?
- Why do it?
- Which patients?
- How is it done?
- What are the risks?
- What are the outcomes?



What are the outcomes?

Oncologic outcomes

Study		Human Papillomavirus +	Overall Survival (%)		Disease-Specific Survival (%)				Recurrence-Free Survival (%)				
			1 y	15		1 y	1.5 y	2 y	>	1 y	1.5 y	2 y	>
University of Alabama ²¹	89 T 1-4							. = 1,11		89		86	
University of Pennsylvania ²⁸	50 T 1–4	74	96	٠ (81	98		93					
Mount Sinai Medical Center ²²	30 T 1–2			90	1/						78		
Ohio State University ²³	66 T 1–3	67			96 (3 y))	_	95 (3 y)				92 (3 y)
Mayo Clinic ²⁵	81 T 1–3	72					1	92	89 (4 y)				
Total	316	71						- 0	YE				



What are the outcomes?

Characteristic	Value (N = 410) ^a
Multiple nodal positivity	
Yes	110 (26.8)
No	241 (58.8)
Unknown	59 (14.4)
extracapsular spread	
Yes	58 (14.2)
No	100 (24.4)
Unknown	252 (61.5)
IPV status (229 patients tested)	
Negative	70 (17.1)
Positive	159 (38.8)
Unknown	181 (44.1)
16 positivity (219 patients teste	ed)
Negative	61 (14.9)
Positive	158 (38.5)
Unknown	191 (46.6)
leck dissection	
Yes	323 (78.8)
No	77 (18.8)
Unknown	10 (2.4)

Original Investigation

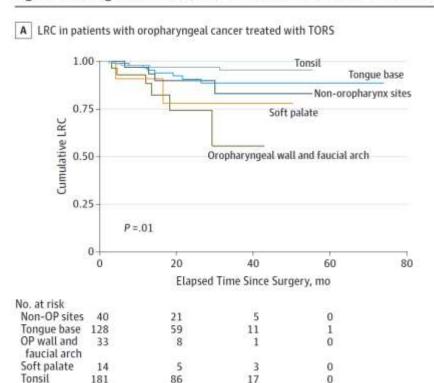
Oncologic Outcomes After Transoral Robotic Surgery A Multi-institutional Study

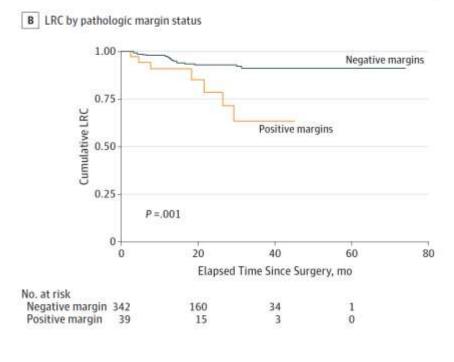
John R. de Almeida, MD, MSc; Ryan Li, MD; J. Scott Magnuson, MD; Richard V. Smith, MD; Eric Moore, MD; Georges Lawson, MD; Marc Remacle, MD; Ian Ganly, MD; Dennis H. Kraus, MD; Marita S. Teng, MD; Brett A. Miles, MD; Hilliary White, MD; Umamaheswar Duvvuri, MD, PhD; Robert L. Ferris, MO, PhD; Villas Mehta, MD; Krista Kiyosaki, MD; Edward J. Damrose, MD; Steven J. Wang, MD; Michael E. Kupferman, MD; Yoon Woo Koh, MD; Eric M, Genden, MD; F. Christopher Holsinger, MD

Adjuvant treatment (338 patients)	
Radiotherapy	106 (25.9)
Chemoradiotherapy	12 (11)
No adjuvant treatment received	160 (39.0)
Monday	72 (17.6)

What are the outcomes?

Figure 1. Locoregional Control (LRC) for Patients Treated With Transoral Robotic Surgery (TORS)







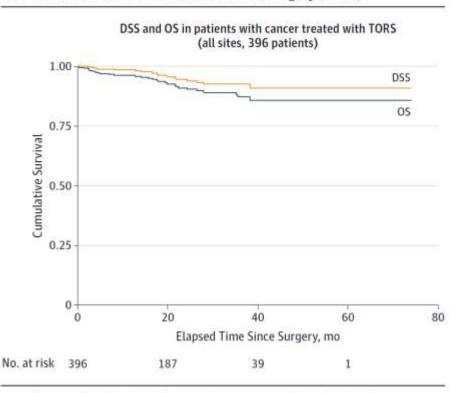
What are the outcomes?

Table 3. Multivariate Analysis of Risk Factors for Locoregional Recurrence and All-Cause Mortality

Factor	HR (95% CI)	P Value
Risk Factors for Locoregional Recurrence		
Age >60 y	2.49 (0.90-6.92)	.08
Smoking history	3.60 (0.81-15.9)	.09
Positive margins	2.43 (0.92-6.47)	.07
Tonsil primary site	0.28 (0.08-1.00)	.05
Oropharyngeal wall, faucial wall primary site	2.51 (0.87-7.28)	.09
Risk Factors for All-Cause Mortality		
Age >60 y	1.76 (0.79-3.96)	.17
emate Sex	0.18 (0.02-0.53)	.05
Smoking history	6.90 (1.57-28.9)	01
Tonsis, simary site	0.18 (0.07 5.05)	.01
Oropharyngeal wall, faucial wall primary site	0.91 (0.36-3.23)	.90
Tongue base primary site	0.53 (0.26-1.68)	.39

Abbreviation: HR, hazard ratio.

Figure 2. Overall Survival (OS) and Disease-Specific Survival (DSS) for Patients Treated With Transoral Robotic Surgery (TORS)



Overall survival and DSS in all 396 study patients with head and neck cancer.



^a Cox proportional hazards model.

What are the outcomes?

Functional outcomes

Study	Patients	Tumor Site(s) T Stage	Temporary/ Permanent Tracheostomy (%)	Oral Diet Only Within 6 wk (%)	Temporary/ Permanent Gastrostomy Tube (%)	Preoperative/1 mo After MDADI	Baseline/3 mo/
University of Pennsylvania ²⁰	47	OP T 1–4	11/0		0/2		
University of Alabama ^{11,13,21}	89	OC, OP, L T 1-4	3/0	79	25/0	77/61	
Mount Sinai Medical Center ^{12,22}	30	OP, L T 1–2	13/0	16.			76.3/61.2/76.8
Mayo Clinic ^{14,23,24}	66	OP T 1-3	26/2	97	27/5		
Ohio State University ^{25–27}	81	OP T 1-3		100	1.0		78.7/67.9/77.9
Total	313		13/1	92	18/4		



Functional Outcomes Study METHODS

- Single-institution retrospective study at MDACC
- Dual TORS and radiation databases merged
- IRB approved

Surgical group	Non-surgical group
TORS +/- adjuvant2010-15	Radiation +/- systemic2010-12

Inclusion criteria	Exclusion criteria
OPSCC • T1-2 • N0-2b • M0	 G-tube dependence at initiation of treatment Prophylactically placed G-tube
Tonsil or base of tongue	

Functional Outcomes Study METHODS

- Outcome Measures
 - 1. Weight loss
 - Δ Weight (baseline to >90 days post treatment)

Grade				
1	2	3		
5% to <10% from baseline	10% to <20% from baseline; nutritional support indicated	≥20% from baseline; tube feeding or TPN indicated		

Functional Outcomes Study METHODS

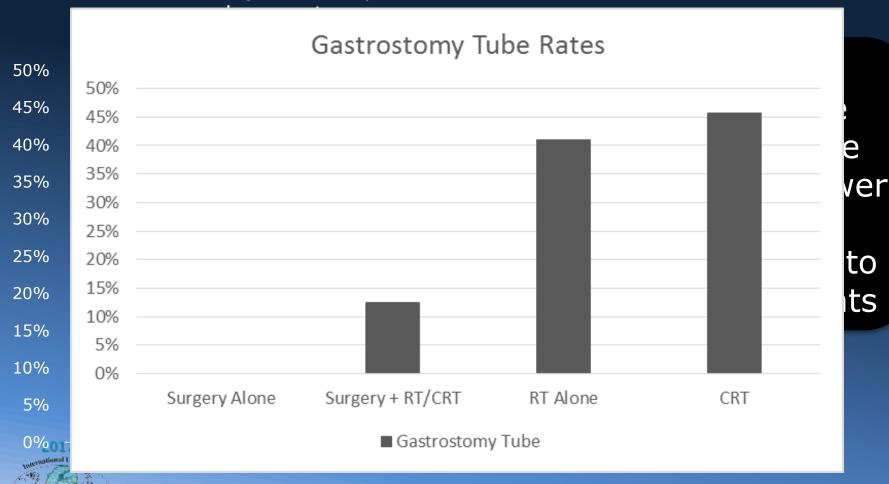
- Outcome Measures
 - 1. Weight loss
 - Δ Weight (baseline to >90 days post treatment)
 - CTCAE v.4.03
 - 2. Gastrostomy tube placement
 - Incidence (baseline to 90 days post treatment)



Functional Outcomes Study RESULTS

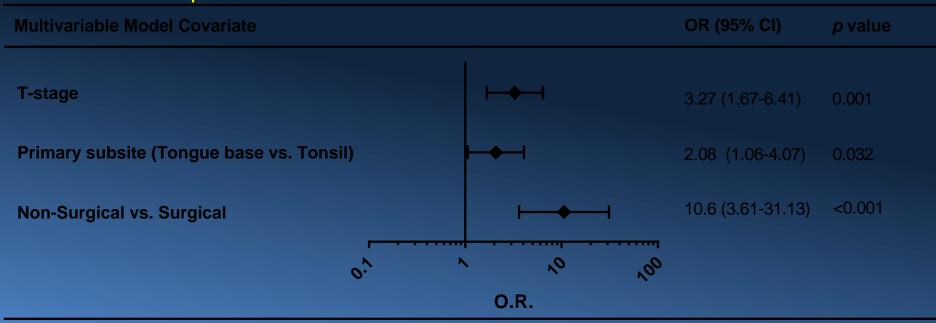
Incidence of gastrostomy tube

■ Surgical ■ Non-surgical



Functional Outcomes Study RESULTS

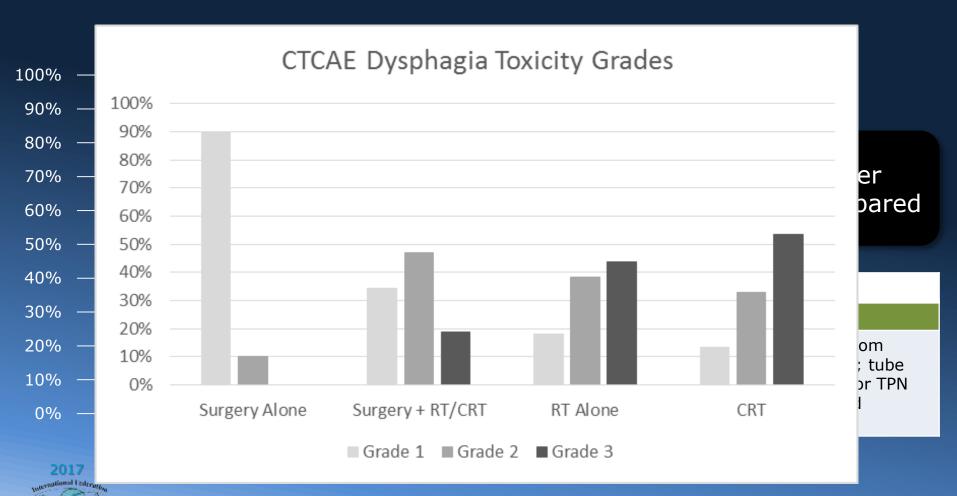
Multivariable model showing Odds Ratio of Gastrostomy Tube placement



OR = Odds Ratio CI = Confidence Interval

Patients treated non-surgically were 10.6x more likely to have a G-tube placed

Functional Outcomes Study RESULTS



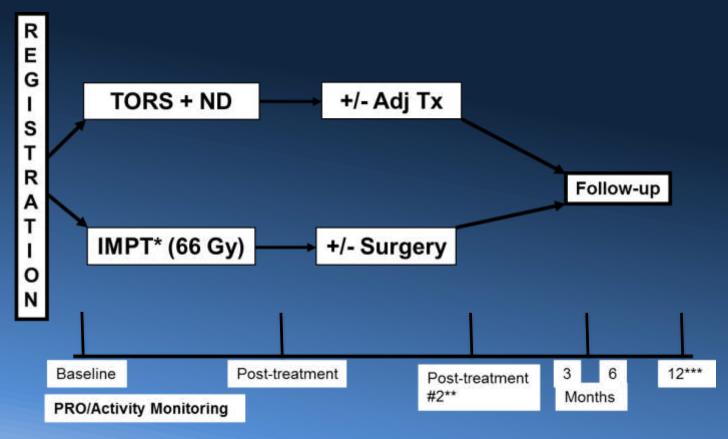


What are the outcomes?

2017

earl and Neck Onculorie

MDACC "Fitbit" study



- HPV is changing the face of head and neck cancer
 - New approaches warranted

 TORS is a technique to reduce longterm toxicity via more tailored application of therapies



- Technique matters
 - Steep learning curve
 - Attention to perioperative management can minimize risks
- Oncologic and functional outcomes are promising
 - Rigorous outcomes data and clinical trials are still needed



Questions

ngross@mdanderson.org



@DrNeilGross



https://www.mdanderson.org/publications/cancerwise/2016/06/tonsiler-surviv.html